



Your health
deserves
the best care

 **Premium** Health

4health



4health



A GENERATION OF INSURANCE

for those who always go
above and beyond

+ DIGITAL

+ SIMPLE

+ PERSONALISED

For you, who believe that things can always be done better. For you, who value every minute of your day. For you, who want to live with the peace of mind of knowing you will receive the best care if you have an illness or accident.

4Health is new a generation of insurance that gives you the **security of having the most complete life and health cover** plus the convenience of handling the paperwork online.

**Here is your chance to find out
about our different policies!**

Enjoy the most complete and advanced insurance

If your health, and that of your loved ones, is the most important thing to you, **PREMIUM HEALTH** is your insurance policy. It gives you access to the best medical specialists in Andorra, Spain and the world, plus innovative services.



Maximum cover. Premium Health covers up to **100% of health care expenses at both medical centres affiliated with Andorran Social Security** and non-affiliated medical centres.



Life insurance included. Plus a €15,000 lump sum in the event of death. You can appoint and change your beneficiaries whenever you need to.



HANDLE ALL THE PAPERWORK ONLINE!

Through our **XatBot** you can **send the necessary documentation for reimbursement of medical expenses or register when you are off sick or back to work.** From your computer, tablet or mobile phone. Any time of the day or night!

You can access it through **xatbotassegurances.morabanc.ad** or by clicking on the icon in our app.





You will feel great with the Wellat app!

Enjoy the Wellat app's exclusive service to follow a healthy lifestyle.

A comprehensive tool to take full care of yourself



Healthy eating

Access a tailored nutrition plan with more than 1,000 healthy recipes, weekly menu planning and monitoring of your daily diet progress.



Personalised physical activity

Answer the questionnaire on your physical condition and get a tailor-made training programme with tutorial videos. The system records your activities and integrates with exercise apps.



Active lifestyle and restful sleep

Track your steps and sleep hours through integration with apps such as Apple Health and Google Fit.



Mental and emotional wellbeing

There are also mindfulness sessions, yoga exercises and challenges to motivate you to look after your wellbeing.



Sign up for free

today through this link with the code below:

Registration code: AVANTSALUD-MORABANC25

The best medical specialists at your fingertips

MEDICAL PROVIDER NETWORK

With Premium Health you can arrange **doctor's appointments, diagnostic and therapeutic tests, or surgeries.**



You will have access to a wide range of medical professionals in Spain, including cardiologists, dermatologists, gynaecologists, neurologists, ophthalmologists, oncologists and psychologists.

You will also have access to services such as ambulance transfers, preventive medicine and antenatal classes.

+PREMIUM CARD



To access the medical provider network without having to pay for your appointment in advance, **pick up your Premium Health card* at the Mora Assegurances offices:**

-  **Av. Meritxell, 96.**
AD500 Andorra la Vella
-  **From Monday to Thursday,**
from 9 a.m. to 1:30 p.m.
and from 3 p.m. to 6 p.m.
- Fridays**
from 9 a.m. to 1:30 p.m.



4health



Further information at moraasseguances.ad or by calling 884 874

*This card is charged an annual maintenance fee of €1.50, taxes included.



INTERNATIONAL SECOND MEDICAL OPINION

Access recommendations from more than 30,000 professionals

Avantsalud **will confirm your diagnosis and offer you a recommended treatment plan.**



- ✓ **International private medicine.**
You can receive an independent second medical opinion from leading centres.
- ✓ **Assistance with finding the most suitable medical centre.**
- ✓ **Support with language barriers.**

- ✓ **Cover for the main serious illnesses:**
heart attack, cancer, stroke, kidney failure, arterial surgery, coronary artery bypass surgery, transplant of vital organs, paralysis, paraplegia, Alzheimer's, Parkinson's, coma, total blindness, serious burns, multiple sclerosis and neurosurgical diseases.

**Find out more at moraassegurances.ad
or request a simulation at your branch**

